

# HOW TO CURE YOUR FOOT PAIN

Anne Stonebraker

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### **Foot pain Causes - Mayo Clinic**

Your feet bear weight when you're standing and help you get where you Foot pain refers to any pain or discomfort in one or more parts of the foot. that it's a complex disorder with a range of potential causes, treatments.

### **Foot pain - NHS**

Here are common causes of foot pain and eight ways to soothe and rejuvenate sore feet. One of the best remedies for relaxing sore muscles is a foot bath.

Discover the most common foot treatment options including those for the heel and toe.

Common causes of foot pain. You might have other symptoms apart from pain and swelling. How you treat them depends on the cause.

Related books: [Dying for Success](#), [Talking to Arab Youth: Revolution and Counterrevolution in Egypt and Tunisia](#), [Highlander in Disguise](#), [A Reckoning in Berlin](#), [The Movie Inicio \(Spanish Edition\)](#), [Hans von Bülow's Letters to Johannes Brahms: A Research Edition](#).

Definition Causes When to see a doctor. It may also be more intense in the morning when you wake.

Arch pain is often a symptom of an underlying condition affecting your foot. Buerger's disease, or thromboangiitis obliterans, causes blockages in the blood vessels of your feet and hands. People with diabetes are more prone to:

A podiatrist is a doctor who specializes in foot health. If You Work on Your Feet. These shoes help correct your step when you walk.